



February 21, 2024

### ECEC Notice of Exposure to Communicable Disease

Dear Early Childhood Education Center Families,

A child at the ECEC has or is suspected of having Respiratory Syncytial Virus, also known as RSV. RSV is a virus that causes the common cold and other respiratory signs or symptoms; RSV is most common in winter and early spring, but can occur year-round. This message is to inform you about RSV and the related exclusion and return-to-care practices at our facility. Without violating anyone's confidentiality, the facts you need to know about your child's possible exposure in this situation are:

#### What are the symptoms of RSV?

- Cold-like signs or symptoms for most children.
- Very young infants may exhibit irritability, poor feeding, and/or lethargy (oversleepy, drowsy). An infant may also turn blue with cough or experience brief periods of no breathing (cyanosis).
- Respiratory problems may include a wheezing sound while breathing and/or pneumonia.
- Children with weakened immune systems, prematurity, or heart/lung problems have greater difficulty when ill with this infection

#### How does RSV spread?

- Direct or close contact with mouth or nose secretions.
- The virus can live on surfaces for many hours and 30 minutes or more on hands.
- Before signs or symptoms appear, the infected person starts to shed virus that may infect others.

#### How do you control it?

- Practice good handwashing at all times (before/after eating, after diapering/using bathroom, etc).
- Prevent contact with respiratory secretions. Teach children to cover their nose and mouth when sneezing or coughing with a disposable facial tissue, if possible.
- Dispose of used facial tissues and wash hands.

#### Is my child excluded from group settings? **NO, unless:**

- Child exhibits rapid or labored breathing or turns blue when coughing.
- Child is unable to participate and staff determine they cannot care for the child without compromising their ability to care for the health and safety of other children in the group.
- The child has a fever.

#### When can my child be readmitted to group settings?

When exclusion criteria are resolved, the child is able to participate, and staff determine they can care for the child without compromising their ability to care for the health and safety of other children in the group.

If you have any other questions, please call the ECEC at 480-362-2200.

Thank you,

Tami Brungard  
ECE Leader



MATT'O T'VE:M AB O JU: | *O'dham*  
MAT ASHEEVK U UWESHUUM | *Piipaash*  
WE WILL DO THIS TOGETHER | *English*